

Well Being at Larkholme

In School

Our integrated PSHE curriculum supports children's understanding of how their brains work to affect their thoughts, feelings and behaviours. Giving them strategies to help them manage and grow.



We offer nurture groups and 1-2-1 sessions for children who need some additional support in areas like: improving self esteem, managing feelings and supporting friendship groups.



Our bespoke outdoor learning curriculum has been designed to allow our children to develop confidence, self esteem and independence.



Being outside is proven to improve well being.



Pupil voice is collected through the school council.

Our pastoral team helps to monitor pupil, staff and parent well being and will offer support. Alternatively, parents can speak with a member of the team.



Parent and child sessions- run every half term and give families a glimpse into the curriculum.

Additional funding allows us to commission counselling for pupils with an identified need.

School Links

Every 6 weeks we hold a well being clinic which is attended by a member of CFWBS. Parents can book a meeting slot through the pastoral team.



We work closely with Fleetwood Town who are running a transition program for Year 6 called Headstart.

An early help assessment can be completed to support families.



SHINE is a mental health service run by the NHS. Pupils are referred in by school based on identified need.



External Links



MASP
Homestart
Triple P
Den
Freedom Flowers