

WELL BEING



Larkholme Primary School

Spring 1



WELL BEING AT LARKHOLME

We are constantly looking for ways to improve well being at Larkholme. Since September we have implemented the following:

- Mrs Sims is now our Senior Mental Health Lead having completed her training.
- The Governors have formed a committee that meets once a term to review well being at Larkholme.
- Well being forms a central part of our PSHE curriculum.
- Continued development of our outdoor learning curriculum.
- Sent out a parent questionnaire about mental health and well being.
- Added a well being section to our fortnightly news letter

We hope to keep you regularly updated on how well being is supported at Larkholme.



CHILDREN'S MENTAL HEALTH WEEK.

This year's theme for Children's Mental Health Week will encourage children (and adults) to look at how we can make meaningful connections.



WELL BEING CLINICS

14/3/23
25/4/23
23/5/23
29/6/23

If you would like to book a meeting please contact the office on 01253 874024