



Larkholme Primary School

News Bulletin

Windermere Avenue, Fleetwood, Lancashire, FY7 8QB.
t. 01253 874 024 e. office@larkholme.lancs.sch.uk

Friday 1st March 2024



We would like to thank everyone for a great start to our half term and we are looking forward to the first signs of spring, especially around the school grounds. The ECO club along with Fleetwood in Bloom have been busy filling our planters kindly donated to school with lots of colourful plants. The mornings are becoming brighter and the evenings lighter, lets hope the days become warmer too. Lots of Easter celebrations are planned for this term, so please keep an eye on those 'Diary Dates'.

Staff News

We are sad to share the news that Miss Liptrott has resigned from her post at Larkholme. Miss Liptrott has worked at Larkholme since 2015 and has been instrumental in developing the exciting curriculum we now have - we cannot thank her enough for her commitment and hard work during her time with us.

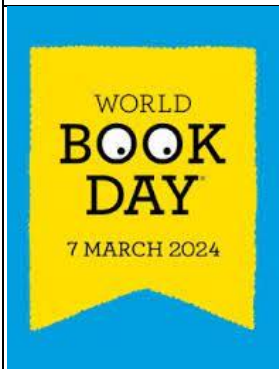
We wish her all the best in her new chosen career.

Mrs Postlethwaite started in school this week and I am pleased to inform you that she will teach 2L - who have now renamed themselves 2P! - until the end of the academic year.



@Tempest

World Book Day 7th March 2024



World Book Day is on the 7th March and we are really looking forward to spending the day focusing on reading. Our focus is going to be on enjoying books and producing high quality work around the theme 'Read Your Way'. We are aware that many children enjoy dressing up for World Book Day and they are welcome to do this as long as they dress up as a book character. However, we are also aware that some children are not as keen to dress up in costume, which is fine, but they must come to school in school uniform as usual on that day. The day will be about immersing the children in the joy of reading and not about their costumes. We

respectfully ask that children do not bring any props or masks in as these are a distraction and are easily misplaced.





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World Book Day® changes lives through a love of books and reading. We encourage reading for pleasure, offering every child and young person the opportunity to have a book of their own.

Reading for pleasure is a vital indicator of a child's future success – more than their parents' educational background or their family's income. We want all children to enjoy a life-long habit of reading for pleasure and the improved life chances this brings.

The Department for Education's reading framework recognises the "fundamental importance" of reading for a child's academic success and wellbeing, even reducing the impact of social disadvantages. However, research shows that reading for pleasure is declining across all age groups*.

World Book Day supports you to encourage reading for pleasure with evidence-based resources, tips and ideas. Our work is based on six elements which form our approach to supporting children to read for pleasure:


- Being read to regularly
- Having books at home and at school
- Having a choice in what to read
- Finding time to read
- Having trusted help to find a book
- Making reading FUN!

In 2024, our celebrations will encourage children to **Read Your Way**.

Every reader is different, and there's no right or wrong way to enjoy reading, so encourage children to think about what reading looks like for them with the 15 fantastic World Book Day books. Providing adventure, mystery and laughter, children and young people will be able to discover reading on their own terms, and as a hobby.

This World Book Day, we're encouraging children to start their reading journey with a sentence, a page, a chapter or more. Every child is a reader, however they choose to do it!

We hope you have a very happy World Book Day!


Cassie Chadderton
Chief Executive, World Book Day



*National Literacy Trust. Children and young people's reading in 2023

ATTENTION LARKHOLME PARENTS!

World Book Day – March 7th

We will be participating in lots of exciting activities. The children are encouraged to bring in their favourite book to talk about and share.

Go to the world Book Day site and discover a world of resources and activities to keep your children entertained – and of course – READING!!!

<https://www.worldbookday.com/families/>

Familiarise yourself with the World Book Day £1/£1.50 book selection



Discover the full line-up at worldbookday.com/books

Connect with your local bookseller who can help you source the £1/£1.50 books for free, through a school visit to a bookshop or pop-up event in your setting. Find your nearest bookseller at worldbookday.com/books/participating-retailers

PTFA Chocolate Bingo

We will once again be hosting our Chocolate Bingo Event. This will be taking place on:

Wednesday 27th March 2024

The children will have a Non Uniform Day on **Friday 15th March** and we would like to ask for the following donations, where possible, for us to create the prizes for the event.

RB, RI, 1C, 1S	Bars/Bags Chocolates
2H, 2P, 3C	Easter Cakes/Easter Treats
3/4G, 3/4I	Boxes of Chocolates
5O, 5/6G and 5/6R	Easter Eggs

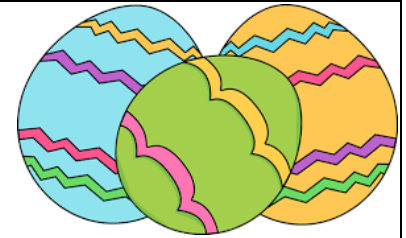
If you would rather donate £1 towards the event instead of the chocolate, that would also be greatly appreciated.

The above is a guide only, to allow us to have a range of different chocolates to make up the prizes, however any donation is always greatly appreciated.

Entry tickets for the event will go on sale from **Monday 11th March**. Unfortunately, due to space, ticket numbers are limited. **No** entry tickets will be available on the night and **each** member of your group must have their own ticket to attend the event.

Thank you in advance and we are looking forward to seeing you there!

Larkholme PTFA

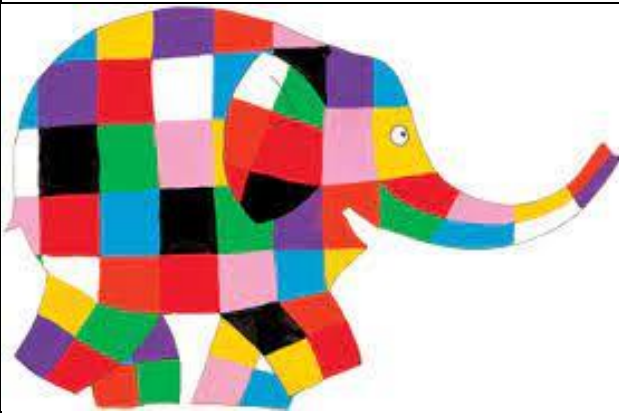




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Elmer Art Trail (Non Uniform Day)

We are taking part in the Elmer Art Trail that is soon to be active around Blackpool. Our Elmer has been painted and collected, ready to be revealed and placed on the trail. We will share further info on this when we have it. The art trail is taking place in partnership with Brian House to raise much needed funds and to support this we are going to hold a non-uniform day on Friday 22nd March where we would like the children to wear bright colours for a minimum of a £1 donation.

There is also a fun Elmer event planned for the children with lots of different activities later in the school year, look out for further info around this.
Thank you for your support.





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Reading at Home

At Larkholme we love reading in school so here's something exciting to enhance your love of reading at home. Look out for future newsletters when we will be sharing other activities linked to reading in class. In this newsletter Y1 would like to share some activities with you. The QR codes above are linked to reading in class and will inspire and delight! Enjoy!

Year 1



All about the author Oliver Jeffers



Trailer for the new film



Read aloud story time



Activity ideas

Instructions for parents/children:

1. Open the camera on your phone/tablet
Hold it over the QR code and it will give you the website
2. Click on the web address and enjoy!

Heads Up – New School Payment System

Over the coming months, we will be gradually introducing a new payment system for parents to replace our existing Scopay. The system will run alongside the current Teachers 2 Parents messaging system and will go live after the Easter holidays. We will be working towards providing a smooth transition and keeping you updated on a regular basis. In the meantime, please continue to use the Scopay payment system until notified otherwise. Once the new system is up and running, **no cash** will be accepted for payments by school.

For those who haven't already downloaded the Teacher2Parents app, we recommend you do so in preparation.

How to Download and Register

1. Go to Google Play (Android) or App Store (iPhone)
2. Search for 'Teachers2Parents'
3. Download the free Teachers2Parents App
4. Enter your mobile number e.g. 07532542423.
5. It will send you a Verification Code which you enter on the next screen

Please note the new payment system will be going live from Monday 1st April 2024. All balances for all dinner money and trips will be transferred over from SCOPAY from 28th March 2024 and





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nobody will be able to access SCOPAY for payments after this date. Please remember to download the App. A welcome invite will be sent to each family during the last week of this half term. Please make sure you log into the new payment system using this invite.



PTFA

Your PTFA Needs You! Can you spare any time to help out our school PTFA? If the answer is yes then we want to hear from you.

At the end of each year, we inevitably lose members due to children moving onto high school and circumstances change. However, we now only have a very small team and this is starting to affect what we are able to do with regards to our fund-raising events due to their own work/home commitments. We know how crazy life can be! You can contact us via the PTFA page on Facebook

<https://www.facebook.com/profile.php?id=100086426200177>
or you can leave your details with the office and they will pass

them on to us to contact you for the start of the new school year. Please remember, all the money raised goes to benefit our children, whether that be providing leavers hoodies, extra money for class provisions, subsidising trips etc. If we cannot hold the events we can't provide these extras.

So..... If you can spare just a little time to help us, we would love to welcome you on the team.

Next Meeting – Wednesday 6th March at 3:30pm

Attendance

Yearly

National attendance data for schools covering academic year to date up to 5th February 2024

- Attendance rate across all schools = **93.0%**
- Absence rate across all schools = 7%
- Attendance rate for state-funded primary schools = **94.6%**
- Absence for state-funded primary schools = 5.4%
(4% authorised and 1.4% unauthorised)
- Attendance rate for Larkholme = **94.4%**
- Absence rate for Larkholme = 5.6%
(4.1% authorised and 1.5% unauthorised)

Well done Larkholme for having better attendance than the national attendance for this academic year to date! 😊





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Weekly

National attendance data for schools in week commencing 5th February 2024

- Attendance rate across all schools = **91.9%**
- Absence rate across all schools = 8.1%
- Attendance rate for state-funded primary schools = **93.7%**
- Absence rate for state-funded primary schools = 6.3% (4.7% authorised and 1.6% unauthorised)
- Attendance rate for Larkholme = **93.6%** 😊
- Absence for Larkholme = 6.4% (5% authorised and 1.4% unauthorised)

Compared to this time last year our attendance has **improved by 0.2%!**

Please make a big effort to be in school on time every day.

Across the school we have had 18 lates and 613 minutes lost to learning this week.

This is too much valued learning time being lost. Please ensure your child is in school on time every day.



Best Attenders

Well done to class 1S and 2H for having the best attendance over the last 2 weeks!! 1S achieved an amazing **100% attendance** for last week and 2H this week!!!!!!



Remember that we miss you when you are not in school and we love seeing your smiling faces every day

Diary Dates

PTFA Meeting – Wednesday 6th March 3:30pm

World Book Day – Thursday 7th March

Non-Uniform Day for Chocolate Bingo Donations – Friday 15th March

Non-Uniform for Elmer (Bright Colours) – Friday 22nd March

Year 3 Easter service – Wednesday 27th March 9:15am – 10:15am

Easter Bingo – Wednesday 27th March 6pm – 7:30pm

School Closes – Thursday 28th March 2pm

Extra-Curricular Clubs

Glee/Choir (Year 3-6) – Tuesday 3:15pm - 4pm

Comp Choir (Year 3-6) – Wednesday 3:15pm - 4:15pm





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KS2 Multi Sports Club – Monday 3:15pm - 4:15pm, last session 18/3/24 (fully booked)
PASTA Club – Tuesday 3:15pm – 4:15pm (fully booked)
Year 1 and 2 Football Club – Wednesday 3:15pm - 4:15pm, last session 13/3/24 (fully booked)
Year 1 and 2 Multi Skills Club – Friday 3:15pm - 4:15pm, last session 22/3/24 (fully booked)

Future clubs are planned – watch this space.

Football Team Fixtures (note: these may be subject to change)

To be held at Poolfoot



Child Places in Each Year

We have places available in the following year groups: Reception, Y1, Y4 and Y5. If you know anyone who would like a place for their child at Larkholme, please ask them to apply through Lancashire County Council.

Wellbeing



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10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ages or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

- 1. DESIGNATE A TRUSTED ADULT**
It is vital that children feel safe and know that there is someone who they should always go to for help if they need it. Schedule some 'go to' times for the child to develop a relationship with this person – ideally through play and games – allowing them to grow and knowing that the child is more likely to come forward if something is wrong rather than hiding their emotions.
- 2. MEET CHILDREN HALFWAY**
Does your child know where a child is developmentally and follow your approach to their needs? Are they likely to be on a spectrum? In particular, younger early and children with SEND may struggle to self-regulate and instead rely on others to help them. We can then try to regulate them from offering strategies for self-regulation. It could be better to start co-regulating with a trusted adult first.
- 3. FACTOR IN THEIR BASIC NEEDS**
Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced emotional childhood experiences – may struggle to self-regulate. Review your discipline strategies with any child, make sure they feel safe, secure and comfortable in themselves.
- 4. REMAIN PATIENT**
If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is not their choice. Be a witness of frustration or anger and regulate your own emotions. Instead, children need to be met with comfort and understanding to help them recognise these problematic feelings.
- 5. BE A 'DYSREGULATION DETECTIVE'**
While some children can tell you why they become dysregulated, others often don't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be something they do or hear, an event sensory need or something else entirely. Once you identify some triggers, we can help to avoid or overcome them.

Meet Our Expert
Rachael Cochrane is a Specialist Teacher, Specialist SENCO and the Director of the school's sensory room. She has extensive experience in supporting children with SEND.

WakeUp Wednesday
The National College

Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

- 1. WATCH FOR BEHAVIOURAL CHANGES**
Children who are experiencing bullying may become quiet, withdrawn, or anxious. However, they may also act out in the past and change what they're feeling. A shift in attitude towards their school friends or not wanting them to come to school (or refusing to wear friendships which were rarely different) could be warning signs. It's important to be alert to such changes and talk to your child about them if you notice.
- 2. THINK THINGS THROUGH**
Before acting, ask yourself if this is the right time and place to discuss concerns about bullying. Might your child be triggered by talking about it? Can you have a conversation about bullying with your child from a position of strength? You could try discussing what you've noticed with another trusted adult who knows your child well.
- 3. BE OPEN AND UNDERSTANDING**
To be supportive to your child this changes that you are interested in their feelings, experiences, behaviour, or sense of self-worth – and do so without sounding judgemental. Ask them to describe what they're feeling – be vague, address, hear or something else – so accurately as possible. If they say they're 'hungry' do they mean 'worried' or 'frustrated'? This will help them to understand how they're feeling and why.
- 4. LET THEM SPEAK FREELY**
Use open questions and a welcoming tone to encourage your child to talk. Listen clearly and attentively when they're speaking or responding. (Don't interrupt or interrupting) so demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may feel that you'll judge them, or react in an inappropriate way – so this conversation can reassure them being honest with you was the right decision.
- 5. CALL A TIME OUT**
A conversation about bullying could have both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cat/dog. This will help you both, while also helping you both feel that you have control over the situation and the emotions both of you're feeling.
- 6. STAY INFORMED**
Make sure you know your child's school's definition of bullying, and relevant contacts for reporting bullying, which might be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teachers or key workers to help your child, depending on the specific situation.
- 7. PREP YOUR CHILD FOR THE RESPONSE**
School responses to bullying vary depending on whether they're resolving disagreements or addressing an addressing an emotional, verbal or physical harm and so on. It's important to think about what your child's feelings are towards the situation and how their school's response to bullying might affect them. Reporting concerns accurately will get the best outcome for your child more quickly.
- 8. SUMMARISE YOUR CHILD'S EXPERIENCE**
When you contact the school, make sure you've precisely described what your child experienced and what happened, where, when and who was involved. This will help the school to investigate for their, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.
- 9. LIAISE WITH THE SCHOOL**
Any school has a duty to ensure that the members of its community feel safe and included. It's a requirement for children to learn that rule in this. The school must determine how best to resolve these feelings of safety and respect. It's often best for schools to keep parents and others informed of any action taken – and be flexible to offer talking matters into their own hands.
- 10. CHECK IN FREQUENTLY**
Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should get away on eye on how the child is feeling and acting over the following months. Any further information should be shared, so that further support can be planned if necessary.

Meet Our Expert
Rob Bailey is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools in developing sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 100 schools in England and Wales currently hold the quality mark.

WakeUp Wednesday
The National College